

# Joyce Eisenberg-Keefer Medical Center of the Los Angeles Jewish Home

# **COMMUNITY BENEFIT REPORT**

2018

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# **COMMUNITY BENEFIT REPORT 2017**

#### LOS ANGELES JEWISH HOME

#### **BACKGROUND**

#### History

Founded in 1912, the Los Angeles Jewish Home (the Home) was created as a non-profit charitable organization for poor, elderly men and women who wanted to live in a Jewish environment with dignity and respect. During its 108-year history, the Jewish Home has been home to thousands of individuals. In 1976 the Home moved from its original site in Boyle Heights to the first of its two campuses in the San Fernando Valley, first called Victory Village, now named Eisenberg Village. In 1979, the Jewish Home merged with another Jewish Home about a mile away, thereby acquiring the second of its campuses, Grancell Village. Generously, a gift of two (2) acres on the Southwest corner of Sherman Way and Tampa Avenue was given as the Hirsch Family Campus in 2010. The WLA "Founders" gave funds to purchase 2.5 acres in West L.A. in 2012; this is the Gonda Healthy Aging Westside Campus featuring Fountainview at Gonda. The four (4) campuses total over 20 acres.

Through a century of expansion and innovation, the quality and complexity of care at the Los Angeles Jewish Home has increased exponentially. The Home has become a comprehensive senior healthcare system serving thousands of seniors each year at its beautiful campuses and in countless homes in the community.

To address the needs of the growing senior population, the Jewish Home has developed a family of healthcare services and life-enhancing programs to provide sensitive, high-quality care for seniors who live in their own homes.

The focus of this year's Community Benefit Report is "transforming the experience of aging." In the changing face of healthcare, each non-profit healthcare organization must re-evaluate its mission, priorities and its partners—present and future—in order to rise to the challenges and thrive.

At a time when states are struggling with budget shortfalls, state governments are considering changing their "non-tax" relationships with the "not-for-profit tax-exempt" organizations. Not-for-profit healthcare systems like the Home have community benefit obligations as a result of the tax-exempt status. This report seeks to answer the question of how the Los Angeles Jewish Home meets its obligation of charitable care to the benefit of the community.

Los Angeles Jewish Home's Mission Statement - "Excellence in senior care reflective of Jewish values"

# **Core Values**

- Charity: provides needed services to our community regardless of financial ability
- **Jewish Values:** maintains the unique Jewish component of our services including the observance of Jewish Holy days, celebrations, laws and customs
- **Dignity:** promotes the dignity, welfare and respect of all individuals associated with the Home and applies these values consistently

- Quality: delivers high-quality care utilizing an interdisciplinary approach based on a standard of excellence in gerontological research and education
- **Fiscal Responsibility:** operates in a fiscally responsible manner and conducts its business based on fair, ethical and legal practices

#### Community

The Home currently has the capacity to serve over 1,000 seniors in-residence. Thousands more are served through the Home's community-based programs including short-term rehabilitation, Skirball Hospice, palliative care, acute geriatric psychiatric care, a community clinic, a Program of All-inclusive Care for the Elderly (PACE), and home health care. There is a waiting list of approximately 200 people for the skilled nursing facilities. The average age of residents is 90; nine out of ten residents are female. Our population is older than that of most nursing homes (84). The Home has approximately 60 Holocaust survivors. Jewish Home continuing nursing stay residents are most often frail, with multiple physical disabilities and special medical needs. Services are provided to the Home's clients regardless of their ability to pay for such services.

#### **Financials**

There is an increasing demand for residential services for a frail, elderly population who have very little or no financial resources. The Los Angeles Jewish Home's admission policy offers admission to the neediest, regardless of their ability to pay. Currently over 75% of the Jewish Home's skilled nursing residents and approximately 74% of the Home's seniors living in its Residential Care Facility for the Elderly (RCFE) rely upon government assistance programs for their cost of care. For fiscal year 2017-2018, the Home's charitable-care costs totaled \$34 million.

The Jewish Home's operating budget for fiscal year 2017-2018 totaled over \$153 million. The philanthropic portion of our fiscal year 2017-2018 operational budget was \$19 million. Those donations came from individuals, families, charitable foundations, corporations, businesses and volunteer support groups.

# COMMUNITY NEEDS ASSESSMENT FOR ACUTE GERIATRIC PSYCHIATRY UNIT

#### **Community Needs and Assessment**

Emotional well-being is one of the biggest challenges facing seniors today. The difficult changes and medical issues many older adults experience frequently lead to impaired mental health. In fact, nearly 20 percent of those 55 years and older experience mental disorders that are not part of normal aging. These problems are often under-recognized, under-treated and, as a result, prevent seniors from enjoying a high quality of life.

To address this growing concern, the Los Angeles Jewish Home opened the Auerbach Geriatric Psychiatry Unit (AGPU) in 2007. Located within the Home's Joyce Eisenberg-Keefer Medical Center in Reseda, the AGPU is dedicated to sensitively and successfully treating psychiatric disease and psychological disorders in seniors.

The Jewish Home committed itself to creating this unit in 2007 based on the following assessment:

Access – Access was limited in our area for geriatric psychiatry units since several had closed prior to our building. Among the closed units were St. John's Hospital of Oxnard LPS, Simi Valley Aventis LPS and Los Robles Hospital geriatric psychiatry. All of these units provided specialized care to patients 55 and over and all of these units were closed permanently.

Limited Geriatric Beds – Geriatric psychiatry beds in the surrounding area are limited. LPS-designated beds for seniors are found at Encino Hospital (14 beds), Sherman Oaks Hospital (22 beds), Motion Picture Television Fund (12 beds) and Verdugo Hills Hospital (24 beds). There are no voluntary units for seniors. The AGPU obtained its LPS designation in May 2010, and may now admit both LPS and voluntary geriatric patients.

**Specialized Care** –The AGPU also serves a very specialized population – the geriatric population suffering from prior life trauma, including the Holocaust, rape, assault and elder abuse. Our staff is trained to deal with this special population. We have approximately 70 residents/patients on our campuses in various levels of care who have had prior life trauma.

**Kosher** – The AGPU is the only known geriatric psychiatric hospital in Southern California that is a kosher facility. Cedars-Sinai provides kosher meals for patients; however, in 2012 it closed its inpatient psychiatry program.

Our state-of-the-art, 10-bed, in-patient treatment facility incorporates the Jewish Home's nationally acclaimed model of comprehensive, high-quality care by attending to the needs of the whole person — mind, body, and spirit — in a calm, nurturing environment. The focus is on reducing symptoms through an integrated, multi-service approach.

The AGPU serves seniors 60 and over who are experiencing mental or emotional changes that require intensive treatment. Patients must have a primary psychiatric diagnosis, and are admitted on a voluntary or involuntary (LPS) basis only for short-term care. Following treatment, the patient returns to their prior residence and care of their primary care physician.

The AGPU is a needed and essentially distinct and valuable entity for the senior community. It is for this reason that the Joyce Eisenberg-Keefer Medical Center was created as an Acute Psychiatric Hospital. The beds designated as geriatric-psychiatry are intended to address the acute psychiatric needs of elderly residents in the community.

#### **SERVICES AND BENEFITS**

#### **Housing Continuum**

With the dedicated support of our philanthropic community, the Jewish Home offers a full spectrum of residential options, from an upscale residence for independent seniors to specialized care for those with Alzheimer's disease needing skilled nursing services, as well as an acute geriatric psychiatric hospital. The Home's generously landscaped grounds are famously dotted with sculptures, fountains, and intimate garden areas that offer lovely settings in which to read, gather with friends and family, or simply enjoy the California sunshine. Residents find new friendships and life-enhancing activities in a warm and safe environment that supports all their needs — body, mind, and spirit.

# **Continuing Care Retirement Community (CCRC)**

Fountainview at Eisenberg Village offers seniors a completely independent lifestyle, with assisted living and other Jewish Home healthcare services available, if needed. The Continuing Care Retirement Community (CCRC), features 108 1- and 2-bedroom apartments of approximately 800-1,500 square feet each. The complex's generous public spaces and amenities include a state-of-the-art fitness center, spa with hair and nail services, theatre, library and game room. In addition to a comfortable and convivial environment, Fountainview at Eisenberg Village offers complete access to the world-renowned services of the Jewish Home. Designed to address a shortage of safe, secure and dedicated senior housing in Los Angeles, Fountainview's upscale apartments are a wonderful addition to the Home's complete spectrum of residential options.

Fountainview at Gonda Westside is a luxury senior living community in the beautiful West Los Angeles neighborhood of Playa Vista. Our Continuing Care Retirement Community promotes an active independent lifestyle with assisted living, 24 memory care units, and complete access to the world renowned service of the Jewish Home, if needed. Designed with a host of desirable amenities, including a 97-seat movie theater, rooftop pool, gym, lounge, art studio and additional services, Fountainview at Gonda Westside creates a resort environment. Members of our upscale senior living community enjoy an active, independent lifestyle a short walk away from restaurants, shops, and other conveniences. Fountainview at Gonda Westside blends comfort and elegance while fostering a sense of community and providing continued care as our seniors age in place.

# Residential Care Facilities for the Elderly (RCFE)

With a board of directors' mandate to house and/or serve needy, impoverished seniors, 62% of the RCFE Jewish Home population is low-income and qualifies for aid from the Medi-Cal program. Support from the community provides donations (approximately \$20 million in 2017) which allow the Home to provide services to Medi-Cal beneficiaries which are required in order to deliver high-quality care for these elders.

Our home-like Newman and Weinberg RCFE buildings offer assisted living services for those seniors aging in place. Amenities include computer labs in which residents can Skype to connect with family or friends, and the "Dakim Brain Fitness" programming to enhance and maintain the highest level of cognitive function possible. They are available for Jewish Home seniors so they remain engaged with the world around them. Congregate dining or a meal served in a room when a resident is ill, or an elder needing help with dressing, showering or other special needs, are provided. The Home provides these services and more at a cost of more than \$1.1 million annually — to ensure all residents enjoy an optimal quality of life.

# **SKILLED NURSING**

# The Goldenberg • Ziman Special Care Center

Environment plays an important role in caring for those with Alzheimer's disease and age-related dementia. The Goldenberg • Ziman Special Care Center was developed in response to the most informed

research about how a patient's physical environment affects his or her behavior, sense of well-being, and even the visible symptoms of the disease itself.

The Goldenberg•Ziman Center is a delayed egress skilled nursing facility that caters to residents with Alzheimer's disease and related dementias. Alzheimer's care facilities often sacrifice a home-like feeling in the interests of safety and security. Since many Alzheimer's sufferers seem to control agitation levels through wandering and constant motion, the Center's floor plans incorporate curves and a circular shape, to ensure that residents never come to a dead-end and experience debilitating confusion and anxiety.

The Goldenberg•Ziman Center, with its crisp, geometrically bold shapes and pastel palate, offers residents an unparalleled environment in which to enjoy a wide variety of programs and mental stimulation. Because Alzheimer's disease robs its victims of memory as well as both cognitive and motor skills, the warmth and reassurance of a "home feeling" is vitally important. Today, the Goldenberg•Ziman Special Care Center leads the way in an era of Alzheimer's care environments that provide warmth and comfort without compromising safety and care.

With specialized training on the care of residents with dementia by using "Person-First" programming, all staff members are involved in the residents' care. Specific mealtime protocols are employed to address the challenges of weight loss that often accompanies dementia. Socialization with staff during meals and special snack times provide residents with a pleasant environment in which to eat. Recreational programming is tailored to fit the residents' short attention spans, and to utilize past-life skills while maximizing independence as much as possible.

#### **Ida Kayne Transitional Care Unit: Rehabilitation for Seniors**

Facilities on the Grancell Village Campus shelter residents who receive the Home's world-renowned skilled nursing services including short-term rehabilitation. The Ida Kayne Transitional Care Unit (TCU) provides such rehabilitative services to seniors living in the community who are recovering from hospitalization due to illness, injury or joint replacement surgery. More than 500 members of the community received these services at the Ida Kayne TCU where average daily nursing staffing hours per patient are over 50% greater than average levels in other local skilled nursing facilities. The primary aim of the Ida Kayne TCU is to facilitate a smooth and safe transition home following a senior's hospital stay. Residents at the TCU receive comprehensive nursing services and also rehabilitation provided by physical, occupational and speech therapists skilled in the treatment of older adults. A stay in the TCU includes access to the full range of the Los Angeles Jewish Home's clinical and personal support services, and additional follow-up communication is offered to residents after discharge back home to help prevent avoidable returns to illness and hospitals. The Home takes a team approach to recovery and wellness by combining onsite medical care, prescribed therapies, personal coaching and counseling, high-quality nutrition, and access to the Home's many activities. The plan of care is directed toward not only fostering timely healing but also building confidence, restoring independence, and considering the dignity of the whole person throughout the stay. The Jewish Home's interdisciplinary team provides ongoing coordination of multiple geriatric specialties to develop, implement and adjust treatment plans. Domains of treatment include:

• Physical Therapy to increase strength, reduce pain, and improve functioning

- Occupational Therapy to assist in reacquisition of skills related to the activities of daily living
- Speech Therapy to improve communication, cognition, and/or swallowing function
- Social Services to provide emotional and motivational support throughout the process of recovery and healing
- Discharge Planning to ensure a comfortable and successful transition back to the home environment

A short-term stay in the Ida Kayne TCU may include rehabilitation after joint replacement, neurological rehabilitation, recovery from other surgical procedures or treatment for debilitating illnesses. A host of adaptive equipment is available; rehabilitative technologies are provided onsite including therapeutic ultrasound, electrical stimulation, and diathermy; and all of the TCU's high-quality services and technologies are provided in a supportive milieu reflective of Jewish Values. Medicare, Medi-cal and many other insurances are accepted.

# **Max Factor Family Foundation Nursing Building**

The two-story Max Factor Family Foundation Nursing Building on the Eisenberg Village Campus is home to 70 long-term care residents receiving world-class skilled nursing care. The residents of Factor are usually chronically disabled with multiple diagnoses and care needs.

# The Joyce Eisenberg-Keefer Medical Center (JEKMC)

The Home's five-story Medical Center is licensed as an Acute Psychiatric Hospital and is one of the most comprehensive and sophisticated facilities of its kind in the United States. Opened in 2007, the Center's visionary model of life-enhancing services and unparalleled care combines the latest in geriatric science with compassionate care for the body, mind, and spirit.

The Medical Center's unique design affords easy access to specialized medical care and programs within a distinctive residential setting. Beautifully furnished rooms are grouped as smaller, easily identifiable resident "neighborhoods" with their own dining areasand recreation centers.

An interdisciplinary team of healthcare professionals supports all residents with medical, behavioral, psychological, and state-of-the-art rehabilitative services. Combining medical care with cognitive rehabilitation therapies, nutrition and support services creates a holistic, healthy-aging center designed to ensure quality of life and quality of care.

The Joyce Eisenberg-Keefer Medical Center fulfills the Home's mission to foster wellness through innovative, integrated programs, personal care, and housing that enhances life each and every day.

The Medical Center is comprised of three, interconnected buildings: The Brandman Research Institute encompasses the 10-bed Auerbach Geriatric Psychiatry Unit, which provides short-term geriatric behavioral and psychiatric care, as well as the Betty and Abe Klein Center for specialized eldercare research to identify and promote life-enhancing, healthy-aging practices.

The La Kretz/Black Tower and the Pavilion buildings together provide specialized, high-quality skilled nursing care to 239 seniors in a home-like environment. This includes short-term post-acute intensive rehabilitation services designed to facilitate a safe return home, and continuing care stays for clinically complex medical conditions.

The Medical Center also contains:

- Physical and Occupational Therapy Facilities
- In-house Pharmacy
- Dunitz Family Learning Center
- Geri and Richard Brawerman Garden Terrace
- Gerald's Deli
- Max's Beauty Salon

#### **COMMUNITY OUTREACH AND SERVICES**

In addition to the short-term rehabilitation programs and the acute geriatric psychiatric program, the Jewish Home actively serves the community with several new and ongoing programs.

# Skirball Hospice and the Jewish Home Center for Palliative Medicine

Skirball Hospice has been serving members of the community since 2005. In 2018, the hospice program cared for over 500 patients and their families providing over 24,000 hours of patient care. In addition, 40 volunteers added a valuable dimension to the care Skirball Hospice provided, with over 2,538 hours of service to our patients, families and office staff.

The Jewish Home Center for Palliative Medicine helps adults with serious, chronic or life-limiting illness with pain and symptom management. In 2018, the Palliative department cared for an average of 85 patients per month, and admitted approximately 100 patients to service last year.

#### **Home Health Care Agency**

The Jewish Home began operating a home health agency in 2014 and introduced it to the community as "Jewish Home Care Services," serving seniors throughout the Los Angeles area. The agency has assisted 250 patients this year. As the Jewish Home continues to reach beyond the bricks and mortar of its campuses, adding Home Health services expanded our ability to assist seniors needing short-term skilled services at home after hospitalization.

#### Annenberg School of Nursing (ASN)

In response to a country-wide shortage of nurses, ASN was created in 2007 to help meet the needs of the community. The Annenberg School faculty and staff welcome students from all backgrounds and working histories to discover and master the exciting curriculum of nursing science. Now in its eleventh year of operation, the vocational nursing program has seen 127 graduates complete the program. Our graduates are employed in health care services in the community and within the Home's variety of settings and programs.

Available to students is an interest-free loan which covers 34% of the tuition of the vocational nursing program. The Los Angeles Jewish Home assists with planning and financial assistance for tuition and text books not covered by this loan and offers a \$4,000 Annenberg scholarship. The school staff assists the graduates with job placement which has extended into area acute hospitals, skilled nursing facilities, physician's offices and other healthcare settings. ASN has won annual recognition from the readers of the *Los Angeles Daily News* as the "Best Nursing School" from 2012 to 2017.

The first certified nursing assistant (CNA) class began in 2012, and the home health aide training program began in June of 2014. ASN has certified 244 nursing assistants and 23 home health aides as of August 2018. The school will continue to offer members of the surrounding community the opportunity to train in the vocational nurse, nursing assistant and home health aide classes.

State licensing and certification passing rates for all the programs remain consistently well above the state averages.

# **Connections to Care (C2C)**

With deep roots in the Los Angeles Jewish community, the Jewish Home has established itself as one of Southern California's most trusted providers of skilled and compassionate senior care. Today, the Home's reputation for high quality and comprehensive care continues to grow and provide a full spectrum of senior healthcare programs and services.

Whether seniors seek advice about living safely at home, need assisted living, nursing care or personal healthcare services, the Jewish Home offers state-of-the-art solutions and help. From gracious independent living, to expert rehabilitation services, to pain management, and/or hospice care, the Home answers the call. Connections to Care offers help as a one-call-does-it-all hotline at 855-227-3745. C2C callers are referred to the programs and services which will best address their needs. If a Jewish Home service is not the right fit, or the geographic locations does not match the callers' needs, C2C staff will advise them of other sources they may pursue. The goal of C2C is to help seniors find the services they need. Since its launch in mid-2014, 200 callers each week have made use of this program.

#### Medical Home Model in RCFE – Second Year Grant

In 2016 the Home was awarded a 2-year \$250,000 grant from the Jewish Community Foundation to establish an alternative medical oversight and coordination of services to 50 Residential Care residents living in the Eisenberg Village Campus. After the first year the Home was able to demonstrate that 100% of the initial 50 participants had clear instructions on their healthcare regime and were able to identify a single point of contact.

Of these participants, 100% had completed or updated their Advance Directive, 90% remained in their same level of care one year after enrollment, 97% reported high satisfaction with their care delivery. In addition, the Home was able to show a reduction of emergency department visits and hospitalizations compared to the same quarter the year prior. The second year's stats are still being calculated.

In response to the encouraging first-year statistics, the U.S. Senate Financial Committee awarded the Association of Jewish Aging Services, of which the Home is the California representative, funding to

expand the original pilot under the Medicaid Care Coordination Model to improve management and quality of services for the elderly and save Medicaid dollars.

# **Levy-Kime Community Clinic**

Located on the beautiful Eisenberg Campus, the community medical clinic is staffed by a team of compassionate physicians and nurse practitioners. Over a dozen medical specialties are available in the Jewish Home's clinic, including: audiology, cardiology, rheumatology, dentistry, dermatology, gastroenterology, internal medicine, ophthalmology, optometry, orthopedics, podiatry, pulmonology, and urology. For seniors in need, a high level of specialized health care is convenient and immediately available. The onsite clinic, staffed by primary care physicians and specialists, helps to improve acute medical outcomes and quality of life for clinic patients by providing immediate access and available specialists for consultation or treatment.

#### **Emotional Wellness**

With the goal of improving the quality of life for residents and seniors throughout the community, the Home's Auerbach Geriatric Psychiatry Unit is now offering Emotional Wellness Clinic consultations at the Eisenberg campus.

This service addresses a growing need for diagnosis of and care for issues such as cognitive impairment, depression, and anxiety that can profoundly affect quality of life for seniors. Interested seniors will meet with a Jewish Home clinic psychiatrist who will evaluate their personal and medical history and symptoms, and provide treatment options.

Designed to identify and treat emotional wellness issues in adults aged 55 and over, the Home's new clinics will serve both Jewish Home residents and a growing community of independent seniors in Southern California.

# **Community Access**

The very fabric of the Jewish Home is love of family, friends and active participation in one's community. The campuses open to the surrounding community as polling places during state and federal elections, and community groups use the Home's meeting spaces for various events, such as disaster training programs, Arthritis Foundation exercise classes, Stroke Association survivor meetings and other group events. These bring many experts and welcome participants to the campuses which enhance the life of the community.

#### **Sarnat Symposium**

The Jewish Home offers an annual educational symposium bringing current research, in-depth understanding, and discussion of political, social, and clinical issues affecting the elderly. Participants include social workers, PhDs, nurses and administrators who work in all aspects of elder care. Each year the Jewish Home chooses four (4) experts in the field of senior care to inform, assist, and further the education of these professionals in the field of aging. The Home supports this program annually with

approximately \$5,000 for the speakers' honorariums, food and labor costs. Continuing education units (CEUs) are available for participants.

# **Alzheimer's Support Groups**

Led by community experts in the area of Alzheimer's and related dementia, these free programs help non-professional community caregivers caring for a loved one afflicted with Alzheimer's disease or dementia. Both daytime and evening groups meet on the Eisenberg and Grancell Village campuses of the Jewish Home. Sessions provide ample time for breakout support groups with facilitators, as well as updates on various interventions and education regarding features of Alzheimer's disease and dementia. Annually the Jewish Home spends \$13,200 to provide this program.

- Therapeutic Caregiver Support Group Participants discuss the stress and anxiety of care-giving, and receive helpful information, advice and support.
- Alzheimer's disease & Related Dementia Support Group provides up-to-date information on memory loss, specifically the different manifestations and symptoms of the multitudes of dementia and memory loss types now known. Participants learn ways to address and cope with these behaviors and have opportunities to express concerns and understand how some of the problematic behaviors can be avoided.

#### **Stroke Association Support Group**

The Jewish Home hosts a weekly activity group for Jewish Home residents and individuals from the community who are stroke survivors. Families, friends and caregivers are welcomed. The group is devoted to improving lives with the latest information and help for survivors, their partners, and caregivers.

Meetings typically involve medical information, empowerment techniques, personal stories, survivor tips and gentle physical exercises. Participants connect to each other, share their experiences, and help improve the quality of life for all.

#### The Brandman Centers for Senior Care (BCSC)/PACE Center

The Jewish Home's first Program of All-inclusive Care for the Elderly (PACE) site is located on the Home's Grancell Village Campus and opened in February 2013. To honor philanthropists Joyce and Saul (of blessed memory) Brandman, the Home's PACE Program is called the Brandman Centers for Senior Care (BCSC). Designed to help nursing-home-eligible seniors retain their independence as long as safely possible, the BCSC offers comprehensive health and support services on-site and to seniors living in their own homes. BCSC has enrolled over 400 participants since the program began and has a current census of 244. BCSC will expand with a network of PACE sites in the greater Los Angeles area, each serving between 250-400 seniors primarily living in their own homes.

#### **Borun Center for Senior Research**

In partnership with one of the Jewish Home's subsidiary corporations, the Education and Gerontological Research Organization (GERO), research was done with the UCLA Borun Center at the Los Angeles

Jewish Home. This research provides education for various topics in senior health. Studies were done within the Jewish Home and across the nation. By publishing findings of the various research studies, the Home supported the Borun Center in improving healthcare services to seniors in this country. The GERO board also worked with the University of Southern California (USC) in conducting research as well as UCLA and Western University.

#### **Bereavement Support Group**

The core benefits of Skirball Hospice's Bereavement Support Group are strengthening those who grieve, while decreasing the feeling of isolation that accompanies the loss of a loved one. The free, eight-session support group addresses issues related to grief and loss, with a primary focus on the first 13 months after the death of a loved one. The group is led by a Skirball Hospice Marriage and Family Therapist and a Bereavement Coordinator as well as a licensed psychotherapist. Group members are invited to share openly or simply to attend and listen to the experiences of others. All are welcome.

# Internships

One of the greatest gifts we are able to give is the opportunity for a student to practice their newly learned craft with the guidance of the Home professionals. By its very nature, the Jewish Home has a variety of settings that allows interns to hone their skills. Currently we have Western University pharmacy interns, USC social work students, UCLA nurse practitioner interns, and CSUN Dietitian interns.

#### **PLANNING FOR FUTURE NEEDS**

In our 108th year, our challenge is to meet the ever-increasing growth and needs of the senior population. The Los Angeles Jewish Home will be providing several exciting new community-based educational, support and senior programs, as well as new types of housing models to meet these demands.

#### **Transition to Practice**

The Jewish Home, in partnership with California State University, Northridge (CSUN), and Mount St. Mary's College has developed a program to transition RN and LVN graduates from the classroom into the workplace with confidence and additional skills. Recently registered nursing (RN) and licensed vocational nursing (LVN) graduates will experience direct patient care within the scope of their practice at different practice sites at the Jewish Home. Patient care training includes assessment, planning and implementation of a care plan, and evaluating patient progress toward expected outcomes.

This transition program will assist CSUN and Mount St. Mary's to provide post-graduate training through the Annenberg School of Nursing (ASN) at a lesser cost, and provides ASN an opportunity to prepare new RN's for jobs in area acute hospitals and post-acute settings.

# **Hirsch Family Campus**

In development is the Jewish Home's Hirsch Family Campus (HFC) located west of the Grancell Village Campus. To address the shortage of housing for low-income seniors, the HFC will be made up of independent living apartments with a PACE site situated on the first floor. The PACE site will serve seniors living in the apartments and those in the greater community. This comprehensive all-inclusive health coverage combined with housing needs will bring an improved quality of life to low-income seniors.

# The Polak Building and Bagno Towers

The Grancell campus has entitlements approved to build two new facilities. The two facilities will offer 127 independent living and 18 memory care units, as well as a large geriatric community clinic. Construction for both will begin in 2020.

#### **VOLUNTEERISM AND CHAPLAINCY**

#### Volunteerism

Donating time and energy for the benefit of others as a social responsibility seems to define the ethics of our volunteers. In the last year, 350 volunteers spent 55,000+ hours of volunteer time on the Jewish Home campuses at every level of care. From teens to seniors, each volunteer receives a meaningful social experience and shares a meal dining with our residents as the Home says "thank you." The Jewish Home's gratitude expressed through the dining experience has a cost of \$27,000 per year.

# **Chaplaincy and Spiritual Life**

Medical care and intelligent programming are vital to quality of life; the caretaking of the soul is equally important. Confidential, compassionate, spiritual counseling is an integral part of the daily lives of the seniors at the Jewish Home. Skirball Hospice employs chaplains from many different faiths to offer spiritual counseling and support to individuals experiencing the most vulnerable days of life. Each campus employs a full-time Rabbi, who offers clergy visits to residents of all faiths. Whether an inresidence senior, or a recipient of hospice care in the community, pastoral care means developing a relationship of trust and confidentiality.

#### **CONCLUSION**

The Los Angeles Jewish Home cares for seniors. Each part of the Jewish Home's housing and healthcare system continues to meet the growing needs of the community and our changing times.

This is a time of federal and state budget constraints; philanthropic donations are very important to non-profit corporations to continue serving the community regardless of financial ability to pay. The Los Angeles Jewish Home embraces this responsibility. In addition to being a senior housing provider of choice, the Home continues to grow and enhance its community-based services to meet the needs of seniors throughout Los Angeles and the surrounding areas.